1.3

**Further reading**

For specific information on Parkinson’s and its impact on individuals and their carers, most developed countries have a society with a website. For example:

[www.parkinsons.org.uk](http://www.parkinsons.org.uk)

[www.epda.eu.com](http://www.epda.eu.com)

[www.parkinson.org](http://www.parkinson.org)

You will find lots of information on the web. It can be difficult to know whether information is trustworthy. As a rule, look for webistes from official organisations, like those listed above, or University sites. If the site is one person’s personal views then you may want to be more cautious.

For an historical perspective on some of the events that led to us gaining insights into the biology and pathology of Parkinson’s disease:

* “Awakenings” - Oliver Sacks (either [the book](http://www.amazon.co.uk/Awakenings-Oliver-Sacks/dp/0330523678?tag=futur05-21) or [the film](http://www.amazon.co.uk/Awakenings-DVD-Robert-Niro/dp/B000YN3LY0/ref%3Dsr_1_1?s=dvd&ie=UTF8&qid=1390816032&sr=1-1&keywords=awakenings+oliver+sacks&tag=futur-bir-21)).
* A review article on the life of James Parkinson (online PDF format):

“[James Parkinson: The Man Behind the Shaking Palsy](http://iospress.metapress.com/content/b405611142052h67/fulltext.pdf)” - Patrick A. Lewis. Journal of Parkinson’s Disease 2 (2012) 181–187.

Or here:

“[James Parkinson: The Man Behind the Shaking Palsy](http://content.iospress.com/articles/journal-of-parkinsons-disease/jpd012108)”. This book, which was written by a journalist who has Parkinson’s disease, has been recommended by a previous participant.

* Jon Palfreman “Brain Storms - The race to unlock the mysteries of Parkinson’s”.

© University of Birmingham